

Week 07 Small group

Pray for power

TRANSFORMED LIFE



WEEK SEVEN – PRAY FOR POWER

‘For this reason I kneel before the Father, from whom his whole family in heaven and on earth derives its name. I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, may have power, together with all the saints, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge - that you may be filled to the measure of all the fullness of God. Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.’

EPHESIANS 3:14-21

WELCOME

In two groups list as many types of power (such as ‘wind power’) that you can think of that influence modern day life. Try to better the list of the other group!

Check out how the group got on memorising the verse from last week.

Is there anything anyone wants to share on reflection of last week’s study?

Pray that God would bring a fresh revelation and experience of the power of His Holy Spirit into our lives, through what we learn in this session.

WATCH THE VIDEO

..... by the Spirit

‘I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being.’ (Ephesians 3:16)

..... by Christ

‘so that Christ may dwell in your hearts through faith.’ (3:17)

..... in love

‘And I pray that you being rooted and established in love, may have power, together with all the saints, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge.’ (3:17-19)

..... with the fullness of God

‘that you may be filled to the measure of all the fullness of God.’ (3:19)

‘Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be glory in the church and in Christ Jesus throughout all generations, forever and ever! Amen.’ (3:20-21)

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WORD

Share together times when you have needed strengthening and God has really come through for you.

Describe how you experienced Christ coming into your life for the first time in a dynamic, relational way.

The passage speaks about being grounded, rooted, established in love, and seeking power to grasp the vastness of God's love. What is so important about knowing and experiencing God's love?

What does being transformed by the power of God's love mean to you personally? What could it mean for the group?

What could it look like if every Christian was filled to overflowing with the fullness of God?

WORSHIP

Read the memory verse:

'Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be glory in the church and in Christ Jesus throughout all generations, forever and ever! Amen.' (3:20–21)

Break into twos or threes and pray for the Holy Spirit to be at work in each another. Give time to be open to receive encouraging pictures, words and senses of what God wants to reveal. Share together in your smaller groups. At the end ask if there are things people would like to share with the whole group.

Also share together what God has personally showed you through the series about the Transformed Life. How have our lives undergone change and transformation as a result? What is the most important thing you have learned individually through this series?

WITNESS

Put a glass on a tray in the middle of the room. Slowly fill it with water until it overflows and water begins to cover the base of the tray. You might like to read out Psalm 23:5 as you do so: 'You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows.'

Pray together for those around us that the blessing of transformation in our lives will overflow to those around us, and influence and change the world in which we live, in Jesus' name, for the glory of God!

ACTION STEPS

Pray the wonderful prayer from Ephesians 3:16–19. Write out these four verses on a piece of card or somewhere it is easy to access, such as on a phone. Use it to pray for yourself, your family, friends and members of your small group and church family.

Read Section 4 of Day 50, 'Prayer'.

Watch what God will do!